



Tabriz University of
Medical Sciences,
Tabriz, Iran

Imam Reza General Hospital Newsletter

Tabriz University of Medical Sciences

Volume 3, Issue 1, March 2023



Imam Reza General Hospital,
Tabriz University of Medical
Sciences, Tabriz, Iran

In This Issue We Read

Introducing Some of the Talented
Students of the Center

Iodine therapy center was inaugurated in Imam Reza General Hospital, Tabriz, Iran with the presence of the representative of guardian jurist in East Azarbaijan, the chancellor of Tabriz University of Medical Sciences, and respected contributors, professors, managers and experts.



Spring is the season of nature's revival and a sign of God's power to give a new life to nature after the period of death (Know that Allah revives the earth after its death, Surah Hadid, verse 17).




• **Mojtaba Mohammadzadeh**
Director-In-Charge's Message
Assistant Professor of Anesthesiology and Intensive Care Medicine
Dean of Imam Reza General Hospital, Tabriz, Iran

Iranians celebrate Nowruz at the beginning of the new Persian year and pray, «O One who changes the hearts and visions, O One who directs the night and the day, O One who changes situations and circumstances, change our circumstance to the best of circumstances.» As the dean of Imam Reza General Hospital, I am pleased to congratulate the respected family of Imam Reza General Hospital in Tabriz, Iran, on the New Year and the start of the holy month of Ramadan. I am honored to declare that we will witness a great international scientific collaboration with Istanbul University-Cerrahpaşa in the first month of the New Year's spring. This collaboration will hopefully bring plenty of scientific developments and progress to all members and staff of both universities. Our respected professors, honored students and personnel are valuable wealth in this great event which is led by the deputy of education and research, Imam Reza General Hospital in Tabriz.


**Happy Nowruz and
Ramadan**
May Allah Bless us,
Purify and Unit us


A Warm Welcome in Advance to the Dean of Istanbul University-Cerrahpaşa; Prof.Dr. Nuri Aydın, Dean of Istanbul University Cerrahpaşa Hospital; Assoc. Prof.Dr. Emin Köse, and Dean of Cerrahpaşa Faculty of Medicine: Prof.Dr. Mustafa Sait Gönen from the Staff of Imam Reza General Hospital, Tabriz, Iran (the Largest Referral Center in the Northwest of Iran)

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Medical Student/ Tabriz University
of Medical Sciences

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Neurosurgery Resident/ Tabriz
University of Medical Sciences



Dean of Cerrah-
paşa Faculty of
Medicine

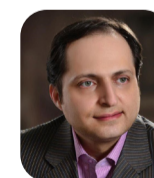


Dean of Istanbul
University
Cerrahpaşa Hospital



Dean of Istanbul
University-
Cerrahpaşa

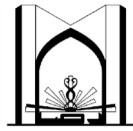
Establishing Talent Pools in Scientific and Academic Centers: An Important Step in Accelerating Development Processes



• **Hassan Soleimanpour**
Editorial Message
Editor in Chief
Professor of Anesthesiology and Critical Care, Subspecialty in Intensive Care Medicine (ICM), Clinical Fellowship in EBM, Fellowship in Trauma Critical Care and CPR
Deputy Dean for Education and Research, Imam Reza

«Science» is believed to have no limitations. It belongs everywhere it comes from and goes to, and it is generally respected. Scientists see scientific issues and discoveries as appealing to the public. Developed countries are interested in attracting the world's best talents to create talent pools and benefit from their spiritual, scientific, and knowledge skills to accelerate the development processes of their country. Therefore, one of the indicators of the performance of universities is their internationalization activities. Generally, universities in Iran are evaluated based on the validity of their research activities, their output in international journals, and the number of articles indexed in related databases. We may assess universities and provide credits using international students' and postdoctoral researchers' per capita admission. Reputable academic centers use these indicators to rank universities. In this respect, scientific and knowledge achievements are of significant value for admissions institutions. We anticipate that Tabriz University of Medical Sciences' support of Imam Reza General Hospital's international efforts will attract top talents.





Introducing the Student Research and Technology Committee of Tabriz University of Medical Sciences

• **Leila Nikniaz**
Associate Professor of Nutrition Sciences

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The Student Research and Technology Committee of Tabriz University of Medical Sciences was established in 1994 to support the research and technological activities of students. In this committee, various activities are carried out to empower interested students in fields related to research and technology. All activities are based on the scientific and executive abilities of students and carried out with supervision of university professors. Every year a call for membership in the student research committee is held to attract interested and talented students. Regarding the great welcome from the call, the number of active members of the committee is more than 4000 students, which includes members from all faculties of Tabriz University of Medical Sciences. In addition to the independent units in the faculties, the central unit of the student research and technology committee, as a headquarters unit, support and provide a suitable infrastructure for the activities of the faculty units in line with the goals of the 3rd generation university and organize student research committees to become a learning organization. This committee is also responsible for policy-making, monitoring goals and functions and supervising faculty units.

To support the research and technological activities of students, supervise and empower students to achieve an efficient and scientific-research growth, the Student Research Committee of Tabriz University of Medical Sciences was formed under the supervision of the National Student Research and Technology Committee according to the provisions of the statute and pursues the following goals:

- Creating a suitable platform for the flourishing, growth, and scientific and research advancement of students
- Training future researchers and managers of the country
- Institutionalizing research activities among students
- Empowering students in the field of research through various methods of theoretical and practical education
- Promotion of research skills and culture in university students
- Creating a suitable environment for the material and spiritual support of the university for the students' scientific and research activities
- Improving the scientific and research relationship between professors and students

The main mission of this center is teaching based on research. The main activities of this committee can be summarized in the following formats:

- Holding research and technological training workshops
- Supporting research projects as the only center where students can conduct their own research projects as principal investigator
- Cooperation in holding congresses, conferences, and seminars
- Forming, organizing, and directing research cores

According to the latest national assessment of the student research and technology committees of the country, the Student Research Committee of Tabriz University of Medical Sciences has won the first national rank. This center has received more than 150 student projects every year and based on the statistics of the scientometric system of the student research committees of the medical sciences universities of the country, this center has the first place in the country by presenting more than 3000 articles. This position could not have been achieved without the presence of the capable students of the center, the guidance of the esteemed faculty members, and the support of the academic leadership. Information about the committee's latest workshops, calls and awards is made through the @src_tbzmed telegram channel, the committee's Instagram page at @src.tbzmed, and the committee's website at src.tbzmed.ac.ir. Also, students and faculty members can contact the student research committee through src@tbzmed.ac.ir.



Dr. Hassan Amini is a clinician scientist resident of general and vascular surgery at Tabriz university of medical sciences. He is studying in the field of applied cell sciences as a PhD candidate with concentration on different functions of stem cells, meantime. He was born in March 1989 in Tabriz, and entered the field of medicine in 2007. Through the activities in the fields of innovation and invention, he obtained the first scientific approval of the Ministry of Health for the university and the National Elite Foundation and various gold and silver medals in the invention competitions of Germany, Switzerland, Russia, South Korea and China (special competition award) and became as a member of the office of brilliant talents of the university and the National Elite Foundation. In 2013, he won a silver medal in the 4th student scientific Olympiad. Through the familiarizing with the concepts of health services management in 2013 and using the facilities of the University's Talent Office, he became the first student of Bachelor's degree in Health Services Management. He was graduated in both fields of general medicine and Health Services Management at the same time. In 2012, with the cooperation of several elite students, founded a center for elites was founded and compiled the bylaws of the "Supreme Council for Planning the Affairs of Elite Students" with the view of supporting these students and motivating all the students of university. In the following next two years, various and numerous programs were executed such as holding two assemblies for honoring selected students with the presence of national officials.

Apart from being an active person in the innovation areas, he and his brother Behnam Amini have played a significant role in the foundation of the invention office of the university to support inventions in the form of cooperation with the vice president of research and technology of the university. In August 2014, he was honored as the selected student of the first level of the university in the ceremony of honoring the selected students with the presence of Professor Sami. In 2017, after taking the residency exam, he participated in the Clinician Scientist Program of the Ministry of Health and started as a clinician scientist in general and vascular surgery in the Department of General and Vascular Surgery and PhD candidate in applied cell sciences in the Department of Applied Cell Science and Stem Cell Research Center. He has written two books. One of them entitled "Mesenchymal Stem Cells" which was published as a chapter of the book in IntechOpen London publishing house. He has published more than 25 articles in prestigious international journals with H index=8, patented a patent on safe syringes via obtaining the scientific approval of the Deputy of Research and Technology of the Ministry of Health and the National Technology Market of Iran, referred in the prestigious journals such as Frontiers in oncology, Plus One, etc., He has played role as an academic editor in Plus One and editorial board in the International Journal of Aging, cooperated in organizing the first health start-up in Tabriz as a scientific secretary, collaborated in more than 11 titles of university-approved research projects, collaborated in 2 titles of research projects approved by the National Institute for Medical Research Development (NIMAD) and held several workshops on the topics of inventions, innovation and as a trainer in start-ups are some of his scientific activities until now. Dr. Amini's scientific and cultural activities are accompanied with the acquisition of several titles such as: National selected student of 2021, Alborz Award (Iranian Nobel), the best student of medical sciences in 2021, the national outstanding researcher in 2020, the university's top researcher student in 2020 and 2021, the university's top innovative student in 2021, winner of two rounds of the Martyr Vezvayi Award of the National Elite Foundation (facilities for top students) and being among the selected winner of the Shahid Ahmadi Roshan Award in 2019. Dr. Hassan Amini is currently working on the in vivo tests of his thesis in the field of investigating the effects of mesenchymal

stem cells and endothelial progenitor cells in the angiogenesis of ischemic tissues.

• **Soroush Sharifi Moghadam**
Urology Resident / Tabriz University of Medical Sciences
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Education

General Physician | Qom University of Medical Sciences
2020 – 2013
Member of the brilliant talent of Qom University of Medical Sciences
Top academic researcher of Qom University of Medical Sciences in 2015
The best provincial researcher in 2017
Urology Resident | Tabriz University of Medical Sciences
2020 - PRESENT
Specializing in conditions that affect the urinary tract in men, women and children, and diseases that affect the reproductive system

Experience

General Physician | Pardis COVID vaccination venue, Tehran
2020
Voluntary applied for the population vaccination during the pandemic occurrence of Corona virus

Skills

Writing, Philosophy, Presentation skills, Critical thinking

Activities

- Winner of the Alborz National Cultural Foundation
- Winner of the silver medal of the 10th Olympiad of the Ministry of Health in the field of medical philosophy
- Winner of the Bronze medal of the 8th Olympiad of the Ministry of Health in the field of medical philosophy
- Being in the first place of short story in university cultural festival in 2016
- Being in the first place of the article in the festival of academic subtitles in the magazine Pulse Art in 2017
- Winning the title of the best speaker at the university student conference in 2014
- Member of the student advisory committee for educational development of the Ministry of Health in 2017
- Instructor of «Proposal Writing» and «Presentation Skills» workshops
- Winning the third place in the short story of the cultural festival of the Ministry of Health in 2018
- Interested in teaching presentation skills and critical thinking
- One of the authors of the comprehensive "white coat textbook" published by Artin Teb, in 2016

Publications

1. Sleep Quality in medical students; the impact of over-use of mobile cell-phone and social network (Journal of Research in Health Sciences, IF: 2016 ,(1.71).
2. Attitude of medical students in preclinical stage towards their field of study at qom university of medical sciences (Educ Res Med Sci), 2016.
3. Altered plasma visfatin levels and insulin resistance in patients with alzheimer's disease (Acta Neurologica Belgica, IF: 2019 ,(2.471).
4. The effect of simultaneous oral consumption of camel milk and urine on cirrhosis liver model induced by carbon tetrachloride in male rats (Qom univ med sci J), 2019.
5. Skills level among students at qom university of medical sciences in 2017 (Educ Strategy Med Sci), 2019.
6. Ultrasonography in the diagnosis of lung adhesion before surgery (Biomol Concepts De Gruyter, IF: 2019 ,(3.25).
7. The correlation of serum adiponectin and insulin resistance with the presence and severity of dementia in non-obese



8. Effect of short-term and long-term traffic noise exposure on the thyroid gland in adult rats: a sexual dimorphic study (Hormone Molecular Biology and Clinical Investigation, IF: (1.50 2020
9. Philosophical contemplation on evidence-based medicine (Qom Univ Med Sci), 2020.
10. Chronological perspective of substitute materials used for the surgical treatment of peyronie's disease: a scoping review of literature (Urologia journal, IF: 2023 ,(0.833).

• **Ali Shamekh**
Medical Student/ Tabriz University of Medical Sciences
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Seyed Ali Shamekh is a MD-MPH double degree student and a medical intern at Tabriz University of Medical Sciences (TUOMS). Before being accepted in the field of medicine, he was the top of his class in high school for 3 consecutive years; and he had a total mean score of 20/20 in his senior year.

Since starting his journey in the TUOMS in 2017, he has been the 1st rank of his class throughout all semesters, courses, and medical rotations up to now. His total mean score in 11 semesters and more than 236 credits was more than 20/19. He has also been ranked 10th in the comprehensive medical basic sciences exam at the end of his basic sciences' courses among all the medical students in Iran in 2019 with a score of 200/175. As an enthusiast for research, he started taking multiple courses in the topics of data analysis, research methodology, and scientific writing in the early stages of his study to understand the essentials of research. Since he was motivated in the field of medicine and its public effects, these courses have never met his expectations, therefore he enrolled in the entry exam for the Master of Public Health (MPH) (as a double degree program), and then he started studying MPH courses as a second degree beside the medicine courses in 2020. During his studies, he has obtained many skills such as scientific writing, medical statistics, data analysis, epidemiology, health management, health economy, research methodology and critical appraisal.

As an independent and also a research assistant, he has managed to publish more than 18 papers in multiple prestigious journals in the fields of immunology, infectious diseases, virology, rheumatology, and pulmonology with a multidisciplinary perspective to molecular medicine, public health, and health management, all of which being his main topics of interest. Although his first article was published in late 2019, he has currently held an H-index of 7 in Google Scholar and 5 in Scopus, with more than 200 citations. Regarding all his achievements, he has been granted the annual Iran's National Elites Foundation Student Award for 5 consecutive years. In addition to being a writer in research areas, he has also been a reviewer in many valid journals. He has also been a member of the language editor board of the Journal of Research in Clinical Medicine (JRCM), and the director of education and an executive editor in the Aging Research Institute of TUOMS. At the moment, he is an active research collaborator in the Institute for Health Metrics and Evaluation. It is also worth mentioning that he has also been a teacher assistant in the fields of virology, immunology and terminology in previous years. Being fluent in 3 languages of Persian, English, and Azerbaijani, he has been a competent lecturer, has attended many journal clubs and article presentations with different languages.

It is also worth mentioning that he has practiced sketching and painting from his early childhood, and now this skill has

extended to a notable level to the fields of graphic design and digital artwork, which are available in his published articles. Since his interests are not limited to a single topic, Ali wishes to continue his studies as a PhD student to develop his knowledge in higher levels as a specialist.

Notable articles:

1. Shamekh A, Mahmoodpoor A, Sanaie S. COVID19-: Is it the black death of the 21st century?. (Health Promotion Perspectives, IF: 2020 ,(3.18).
2. Shamekh A, Alizadeh M, Nejadghaderi SA, Sullman MJ, Kaufman JS, Collins GS, Kolahi AA, Safiri S. The burden of osteoarthritis in the Middle East and North Africa region from 1990 to 2019. (Frontiers in Medicine, IF: 2022 ,(5.091).
3. Aghbash PS, Eslami N, Shamekh A, Entezari-Maleki T, Baghi HB. SARS-CoV2- infection: The role of PD1-/PD-L1 and CTLA4-axis.(Life Sciences, IF: 2021 ,(6.78).
4. Jafari F, Javdansirat S, Sanaie S, Naseri A, Shamekh A, Rostamzadeh D, Dolati S. Osteosarcoma: a comprehensive review of management and treatment strategies. (Annals of diagnostic pathology,IF: 2020 ,(2.06).
5. Aghbash PS, Hemmat N, Nahand JS, Shamekh A, Memar MY, Babaei A, Baghi HB. The role of Th17 cells in viral infections. (International Immunopharmacology, IF: 2021 ,(1.152).
6. Sanaie S, Mirzalou N, Shadvar K, Golzari SE, Soleimanpour H, Shamekh A, Bettampadi D, Safiri S, Mahmoodpoor A. A comparison of nasogastric tube insertion by SORT maneuver (sniffing position, NGT orientation, contralateral rotation, and twisting movement) versus neck flexion lateral pressure in critically ill patients admitted to ICU: a prospective randomized clinical trial. (Annals of Intensive Care, IF: 2020 ,(6.925).

• **Poorya Sadeghi**
Medical Student/ Tabriz University of Medical Sciences
Email:
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I have always been enthusiastic for learning new things. Fortunately, as a quick-learner I have always looking forward to improving my general knowledge in different domains even those that seem irrelevant to my field of study, e.g. history, art, mathematics, and physics. The reason why I chose medicine is that I have passion for help to others, and also, I would like to involve with mental challenges. I have recently been interested in neuroscience and psychiatry. In this respect I wish to continue my education in these domains. My passion for teaching have lead me in medical education subjects. I wish to become a part of improving healthcare through medical advocacy in my beloved country. I wish to serve people of my country and improve my knowledge and skills to be professional.

Education

Bachelor of Education (B.Ed.) ,Sep 2019 - Sep 2023 (Expected)
Tabriz University of Medical Sciences, Tabriz

Doctor of Medicine (M.D.) - Medicine, Sep 2015 - Sep 2023 (Expected), Tabriz University of Medical Sciences, Tabriz

Experience

Local Medical Education Chief manager
Sep 2018 - Sep 2022
International Federation of Medical Students' Association, Tabriz

Writer

Sep 2018 - Mar 2020
Aging research institute newspaper, Tabriz

Student committee member

Jul 2018 - Jul 2018
2nd Iranian congress on responsive medical education, Tabriz

Student committee member
Oct 2017 - Oct 2019
Tabriz Center of Evidence Based Medicine, Tabriz

Executive Manager

Dec 2016 - May 2017
Introduction to nanotechnology classes for National Student Nano competition, Tabriz

Skills

Expert in: English language
Intermediate in: Photoshop
Basic in: German language, Python

Honors & Awards

Silver medal for Medical Education Olympiad
2018
Ministry of health and medicine

Article

First writer: Lateral flow assays (LFA) as an alternative medical diagnosis method for detection of virus species: The intertwine of nanotechnology with sensing strategies, (Trends Analyt Chem IF: 2021 ,(9.801).

• **Masoud Sohrabiasl**
Neurosurgery Resident/ Tabriz University of Medical Sciences
Email:
masoudsohrabi74@gmail.com



Education

September 2014 - September 2021: Medicine - Tehran University of Medical Sciences (M.D)
September 2017 - September 2021: Public Health - Tehran University of Medical Sciences (MPH)
From September -2021 Presence: Neurosurgery - Tabriz University of Medical Sciences (Ph.D.)
Work Experience:
From September -2021 Presence as a Medical Assistant at Tabriz University of Medical Sciences

Awards:

Biology Olympiad (IRBO) Gold medalist 2013 Biology Olympiad (IRBO) Gold medalist 2012
Publications:
Books: Fitzgerald's Clinical Neuroanatomy and Neuroscience 7th ed. 2017; Persian translation; ISBN: 3-78-6057 -622-978

Articles:

1. Reasons for delayed spinal cord decompression in individuals with traumatic spinal cord injuries in Iran: A qualitative study from the perspective of neurosurgeons (Chinese journal of traumatology, IF: 1.563)
 2. The effectiveness of different types of motorcycle helmets-A scoping review;(Accident Analysis & Prevention, IF: 4.993)
 3. Evaluating prehospital care of patients with potential traumatic spinal cord injury: scoping review (European Spine Journal, IF: 3.362)
 4. Bizhan Aarabi and Knowledge Development in Neurotrauma (Archives of Iranian Medicine IF: 1.354)
 5. Interventions of natural and synthetic agents in inflammatory bowel disease, modulation of nitric oxide pathways (World Journal of Gastroenterology, IF: 5.742)
- Skills: Medical Research, Statistics, Excel, SPSS, R Statistical Analysis

T.C. İSTANBUL ÜNİVERSİTESİ 1453

CERRAHPAŞA

AVCILAR YERLESİ

A Brief Overview of İstanbul Üniversitesi and Cerrahpaşa Hospital, Turkey

With 200 Years of Experience, Cerrahpaşa School of Medicine serving to patients and since 1893, at its current location, Cerrahpaşa School of Medicine's history dates back to the first modern school of medicine founded in 1827, at Vezneciler Tulumbacıbaşı Mansion. This institution, which was one of the first schools in the Ottoman Empire that was similar to its western equivalents, had been through many changes from the day it was founded. Eventually, in 1933 it became İstanbul University Faculty of Medicine. Due to reasons such as scattered structure and the increase in the number of students, İstanbul University Faculty of Medicine was separated into two different faculties in 1967, and the newly established faculty was named "Cerrahpaşa School of Medicine" because the majority of clinics were located at the Cerrahpaşa campus at that time and is as a reference Center in Healthcare. Today, Cerrahpaşa School of Medicine keeps growing as an outstanding medical faculty with 3000 students, 1100 academicians and 2525 administrative staff, 1000 physicians, 77 laboratories, 42 departments and 179 clinics. As a result of its several ground-breaking research, diagnosis and treatment activities, Cerrahpaşa School of Medicine Hospital is known as "TÜRKİYE's Reference Hospital" and preferred by nearly 1.5 million patients every year. With a deep-rooted history and best specialist physicians and best treatment, Cerrahpaşa School of Medicine Hospital focusses on providing the best treatment. "If Cerrahpaşa can't, then no one can" saying told by the Turkish public summarizes our Hospital in the best manner. The mission of Cerrahpaşa is not to provide a hotel comfort but to provide treatment-oriented healthcare in the shortest time at a fair price. For us, healthcare is not a tourism area but a service to humanity.

Departments

Anesthesiology And Reanimation, Cardiology, Cardiovascular Surgery, Child and Adolescent Psychiatry, Dermatology, General Surgery, Infectious Diseases and Clinical Microbiology, Internal Medicine (Endocrinology and Metabolic Diseases, Haematology, Nephrology, Oncology, Rheumatology), Neurology, Neurosurgery, Nuclear Medicine, Nutrition and Dietetics, Obstetrics and Gynecology, Ophthalmology, Orthopaedics and Traumatology, Otorhinolaryngology (Ear-Nose-Throat), Paediatric Surgery, Paediatrics (Paediatric Cardiology, Paediatric Gastroentology, Paediatric Haematology and Oncology, Paediatric Immunology and Allergy, Pediatric Metabolic Diseases and Nutrition, Paediatric Rheumatology), Physical Medicine and Rehabilitation, Plastic, Reconstructive and Aesthetic Surgery, Psychiatry, Pulmonary Diseases, Radiation Oncology, Radiology, Thoracic Surgery, Urology¹

1. Adopted from: <https://cerrahpasainternational.com/en/>

A Ceremony for Honoring the Leadership Professors, Their Respected Families, Respected Head of Educational Departments and Appreciating of the the New Clinical Residents of Imam Reza General Hospital, Tabriz, Iran (21th, Dec 2022)



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